

Apr-17

WEEK THREE

Monday	Tuesday	Wednesday	Thursday	Friday
ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand beef burger beef hotpot CHICKEN FLATBREADS CHICKPEA & LENTIL TIKKA MASALA Panini BBQ Chicken Panini Cheese and Tomato Panini Ham and Cheese Panini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni Pomodoro (PK) Sweet Chilli Chicken (PK)	ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand Chicken Balti (PK) CHICKEN FLATBREADS Cottage pie country veg burgers Panini BBQ Chicken Panini Cheese and Tomato Panini Ham and Cheese Panini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni Pomodoro (PK) SWEET AND SOUR CHICKEN	ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand CHICKEN FLATBREADS Chicken Torino (PK) CONCHIGLIE AL FORMAGGI E FUNGHI Panini BBQ Chicken Panini Cheese and Tomato Panini Ham and Cheese Panini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni Pomodoro (PK) Roast Beef & y.pudding Sticky Salmon	ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand caramelised pork chops with apple Cheese and Onion Flan CHICKEN FLATBREADS Chicken Italiano (PK) Chicken korma Panini BBQ Chicken Panini Cheese and Tomato Panini Ham and Cheese Panini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni Pomodoro (PK) Pomodoro (PK)	ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand breaded fish CHICKEN FLATBREADS Chicken Tikka (PK) Panini BBQ Chicken Panini Cheese and Tomato Panini Ham and Cheese Panini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni Pomodoro (PK) spanish omelette SWEET CHILLI BEEF
Baked Potato Cooked Vitamin Pasta (pk) Mashed potato Potato Wedges Vegetable Soup	Baked Potato Cooked Vitamin Pasta (pk) diced herbie Noodles Vegetable Soup	Baked Potato Cooked Vitamin Pasta (pk) Roast Potatoes Vegetable Soup	50/50 rice Baked Potato Cooked Vitamin Pasta (pk) New Potatoes Vegetable Soup	Baked Potato chips Cooked Vitamin Pasta (pk) Noodles Vegetable Soup
baked beans Pea & Sweetcorn Medley plated salad	baked beans broccoli Carrots plated salad	baked beans Carrots Green Beans plated salad	baked beans Green Salad Mixed vegetables plated salad	mushy peas baked beans Green Salad plated salad
fresh fruit Apple strawberry mousse Banana Chocolate Crunch (T/B) Fruit yoghurt Oranges pear	fresh fruit Apple Banana Custard Fruit yoghurt fruit shortbread (T/B) Oranges pear raspberry flapjack	fresh fruit Apple Apricot Flapjack (T/B) Banana Fruit cheesecake Fruit yoghurt Oranges pear	fresh fruit Apple Banana chocolate fridge squares (T/B) clifton grid Custard Fruit yoghurt Oranges pear	fresh fruit Apple Banana Carrot Cake Muffin chocolate crackle (T/B) Fruit yoghurt Oranges pear
Aqua Juice banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	Aqua Juice banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	Aqua Juice banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	Aqua Juice banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	Aqua Juice banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)
Sandwich bread	Sandwich bread	Sandwich bread	Sandwich bread	Sandwich bread