

Apr-17

WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand <b>BAKED MEDITERRANEAN FISH PIE</b> Bolognese Sauce <b>CHICKEN FLATBREADS</b> Chicken Tikka (PK) Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni Pomodoro (PK) <b>SWEET CHILLI VEGETABLES</b>	ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand beef lasange cheese pasta <b>CHICKEN FLATBREADS</b> Chicken Italiano (PK) Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni Pomodoro (PK) <b>SZECHUAN CHICKEN</b>	ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand <b>BOSTON BEAN CASSEROLE</b> Braised Chicken in Gravy <b>CHICKEN FLATBREADS</b> Chicken Torino (PK) Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni Pomodoro (PK) steak and kidney	ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand beef madras <b>CHICKEN FLATBREADS</b> Chicken Torino (PK) Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni Pomodoro (PK) salmon fishcakes <b>THAI GREEN VEGETABLE CURRY</b>	ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand <b>Black Bean Beef with Broccoli</b> breaded fish Chicken Balti (PK) <b>CHICKEN FLATBREADS</b> Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni Pomodoro (PK) Veggie nuggets
Boiled Pasta Cooked Vitamin Pasta (pk) Noodles Vegetable Soup	Cooked Vitamin Pasta (pk) diced herbie Vegetable Soup	Cooked Vitamin Pasta (pk) Mashed potato Vegetable Soup	50/50 rice Cooked Vitamin Pasta (pk) Potato Wedges Vegetable Soup	chips Cooked Vitamin Pasta (pk) Vegetable Soup
baked beans Baked Potato Green Salad plated salad	baked beans Baked Potato peas plated salad sweetcorn	baked beans Baked Potato Cabbage plated salad swede	baked beans Baked Potato Green Salad plated salad	mushy peas baked beans Baked Potato Green Salad plated salad
fresh fruit Apple Apricot Flapjack (T/B) Banana <b>CHOCOLATE MOUSSE</b> Fruit yoghurt Oranges Pear	fresh fruit Apple Oranges Banana chocolate crunch with cranberries (T/B) chocolate oat delight custard Fruit yoghurt	fresh fruit Apple Banana banoffee pie chocolate fridge squares (T/B) Fruit yoghurt Oranges pear	fresh fruit Apple Apricot Flapjack (T/B) Banana custard Fruit yoghurt iced sponge Oranges pear	fresh fruit Apple Banana Chocolate Crunch (T/B) Fruit yoghurt Jam & Cream Scone Oranges pear
Aqua Juice banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	Aqua Juice banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	Aqua Juice banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	Aqua Juice banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	Aqua Juice banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)
Sandwich bread	Sandwich bread	Sandwich bread	Sandwich bread	Sandwich bread