

Sep-17

WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand Chicken flatbread Pomodoro(P.K)(G.F/V/V) Maiale meatballs (PK) Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni Quorn Sausage(V) Salmon Fishcakes Sausages Yorkshire Pudding	ham sandwich cheese sandwich Arrabiata (PK)(G.F/V/V) chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand Chicken flatbread Chicken Italiano (PK)(G.F) Chicken skewers(G.F) CHICKPEA & LENTIL TIKKA MASALA(G.F/V) Cottage pie Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni pizza chicken pizza ham pizza margherita pizza pepperoni	ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand Basilico (PK) (G.F/V/V) Roast Chicken(G.F) Chicken flatbread Chicken Torino(pk) Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni steak and kidney Vegetable Bolognaise (V)(G.F)	ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand Mediterranean Pizza(PK)(G.F/V/V) beef madras(G.F) Chicken Fajita Chicken flatbread Chicken Tikka (PK)(G.F) Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni vegemince lasagne (V)	ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand beef and Mushroom Stroganoff(G.F) breaded fish Chicken flatbread Veggie Chilli Beef (PK)(V/V) Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni spanish omelette(G.F) (V)
d Potato fortified pasta Mashed potato Vegetable Soup	50/50 rice Baked Potato fortified pasta Vegetable Soup	Baked Potato fortified pasta Vegetable Soup	50/50 rice Baked Potato fortified pasta garlic bread slices naan bread Vegetable Soup	50/50 rice Baked Potato chips fortified pasta Vegetable Soup
baked beans Green Beans mashed swede and carrot plated salad	baked beans broccoli plated salad Sweetcorn	baked beans mashed swede and carrot plated salad Roast Potatoes sprouts	baked beans Green Salad plated salad	mushy peas baked beans Green Salad plated salad
fresh fruit Apple apple and grape bags Banana chocolate crunch with cranberries(T.B) Fruit yoghurt Oranges semolina pudding	fresh fruit Apple apple and grape bags Banana chocolate oat delight chocolate sauce Fruit yoghurt oat and chocolate slice(T.B) Oranges	fresh fruit Apple apple and grape bags Apricot Flapjack(T.B) Banana custard Fruit yoghurt Oranges Pear Bakewell	fresh fruit Apple apple and grape bags Banana chocolate fridge squares(T.B) Custard Fruit yoghurt iced sponge Oranges	fresh fruit Apple apple and grape bags Banana chocolate crackle(T.B) jam Donuts Fruit yoghurt Oranges
banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(oran)
Sandwich bread Garlic Bread	Sandwich bread	Sandwich bread	Sandwich bread naan bread	Sandwich bread

P.K = PASTA KING
G.F = GLUTEN FREE
V= VEGETARIAN
T.B = TRAY BAKE
V=VEGAN