

Jan-18

WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand Chicken flatbreads Chicken Torino(pk) Pomodoro(pk))(v)(GF) Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni Quorn Sausage)(v) salmon and dill tray bake(GF) Sausages	ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand bbq chicken main(GF) Cheese and Onion Flan)(v) Chicken flatbreads Chicken skewers Basilico(pk))(v)(GF) Chicken Tikka(pk) Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni	ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand cauliflower, squash and green bean curry)(v)(GF) Chicken Fajita Chicken flatbreads Chicken Tikka(pk) Pomodoro(pk))(v)(GF) Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni Roast Beef & y.pud (GF)	ham sandwich cheese sandwich quorn biryani)(v) chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand beef Rojan josh(GF) Chicken Balti (PK) Chicken flatbreads Pomodoro(pk))(v) Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni steak and kidney pie	ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand beef stifado(GF) breaded fish Chicken flatbreads veggie Bolognese nacho's(pk))(v) Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni spanish omelette)(v)(GF)
ooked Vitamin Pasta (pk) Mashed potato Vegetable Soup	50/50 rice Cooked Vitamin Pasta (pk) diced herbie Vegetable Soup	Cooked Vitamin Pasta (pk) Roast Potatoes Vegetable Soup	50/50 rice Cooked Vitamin Pasta (pk) Mashed potato Vegetable Soup	50/50 rice chips Cooked Vitamin Pasta (pk) Vegetable Soup
baked beans Baked Potato Carrots plated salad sprouts	baked beans Baked Potato Pea & Sweetcorn Medley plated salad	baked beans Baked Potato broccoli plated salad Swede	baked beans Baked Potato Mixed vegetables plated salad	baked beans Baked Potato mushy peas plated salad
fresh fruit Apple Banana chocolate fridge squares(TB) Fruit yoghurt Oranges semolina pudding	fresh fruit Apple Banana custard Fruit yoghurt fruit shortbread(TB) Oranges raspberry flapjack	fresh fruit Apple Bakewell tart Banana chocolate crunch with cranberries(TB) custard Fruit yoghurt Oranges	fresh fruit Apple Banana brownie surprise chocolate crackle(TB) chocolate sauce Fruit yoghurt Oranges	fresh fruit Apple Banana dounts flapjack(TB) Fruit yoghurt Oranges
banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(oran)
Sandwich bread Garlic Bread	Sandwich bread	Sandwich bread	Sandwich bread naan bread	Sandwich bread
PK = PAST KING G.F= GLUTEN FREE V= VEGETARIAN T.B = TRAY BAKE				