

Jan-18

WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
ham sandwich cheese sandwich	ham sandwich cheese sandwich	ham sandwich cheese sandwich	ham sandwich cheese sandwich	ham sandwich cheese sandwich
chicken tikka sand	AUBERGINE & COURGETTE JALFREZI(V)(GF)	asian- marinated baked salmon	chicken tikka sand	chicken tikka sand
tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand Bolognaise Sauce(GF) cheese pasta(V)	chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand beef lasange	chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand Chicken flatbreads	tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand Beef Burrito bbq veggie Fajitas (V)	tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand bacon and tomato flan Chicken flatbreads veggie Bolognese boats(pk))(v)
Chicken flatbreads	Chicken flatbreads	DEEP-FILLED HOMITY PIE(V)	Chicken flatbreads	Bston bean cassaerole(V)(GF)
Chicken Tikka(pk)	Chicken Italiano (PK)(GF)	Chicken Torino(pk)	Chicken korma(GF)	Pannini BBQ Chicken
liver bacon & leek	cornish pastie	Pomodoro(pk)(v)(GF)	Basilico(pk)(v)(GF)	Pannini Cheese and Tomato
Pannini BBQ Chicken	Basilico(pk)(v)(GF)	Pannini BBQ Chicken	Chicken Tikka(pk)	Pannini Ham and Cheese
Pannini Cheese and Tomato	Pannini BBQ Chicken	Pannini Cheese and Tomato	Pannini BBQ Chicken	Pannini Tuna Melt
Pannini Ham and Cheese	Pannini Cheese and Tomato	Pannini Ham and Cheese	Pannini Cheese and Tomato	pizza chicken pizza ham pizza margherita pizza pepperoni Pomodoro (PK)(v)
Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni	Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni	Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni roast pork (GF)	Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni	scampi
Cooked Vitamin Pasta (pk)	Cooked Vitamin Pasta (pk)	Cooked Vitamin Pasta (pk)	50/50 rice	chips
Mashed potato	New Potatoes	Vegetable Soup	Cooked Vitamin Pasta (pk)	Cooked Vitamin Pasta (pk)
Vegetable Soup	Vegetable Soup	Roast Potatoes	Vegetable Soup	Vegetable Soup
baked beans Baked Potato Mixed vegetables	baked beans Baked Potato Carrots	baked beans Baked Potato Cabbage	baked beans Baked Potato Green Salad with rocket	baked beans Baked Potato mushy peas
plated salad	Green Beans plated salad	mashed swede and carrot plated salad	plated salad	plated salad
fresh fruit Apple	fresh fruit Apple	fresh fruit Apple	fresh fruit Apple	fresh fruit Apple
Apricot Flapjack(TB)	Apple & Raspberri crumble	Banana	Banana	Banana
Apricot Rice Pudding	Banana	fruit topping cheesecake	custard	chocolate crackle(TB)
Banana	chocolate crunch with cranberries(TB)	chocolate fridge squares(TB)	Fruit yoghurt	Fruit yoghurt
Fruit yoghurt	custard	Fruit yoghurt	Iced cornflake special	Cookies
Oranges	Fruit yoghurt Oranges	Oranges	chocolate brownie (TB) Oranges	Oranges
banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(oran)
Sandwich bread Garlic Bread	Sandwich bread	Sandwich bread	Sandwich bread naan bread	Sandwich bread

PK = PAST KING
G.F= GLUTEN FREE
V= VEGETARIAN
T.B = TRAY BAKE