

Apr-18

WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand beef bourguignon(G.F) cheese and tomato pizza(v) Chicken flatbreads Basilico(P.K)(G.F)(v) Italian Meatball(P.K) Mega Macaroni Bake(v) Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni	ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand Black Bean chicken with Broccoli Chicken flatbreads Basilico(P.K)(G.F)(v) Chicken Torino(P.K) Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni steak and kidney Pie taglitelle with asparagus and mushroom (v)	ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand Chicken Fajita Chicken flatbreads Basilico(P.K)(G.F)(v) Cheese Burger(P.K) Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni roast pork(G.F) Smokey Three Bean Chilli(v)	ham sandwich cheese sandwich asian- marinated baked salmon(G.F) chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand Chicken and Vegetable Balti(G.F) Chicken flatbreads Basilico(P.K)(G.F)(v) Chicken Italiano(P.K)(G.F) Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni Spicy Vegetable Fajitas(v)	ham sandwich cheese sandwich chicken tikka sand tuna mayo salad sand turkey sandwich chicken salad sand egg mayo salad sand breaded fish Chicken flatbreads Basilico(P.K)(G.F)(v) Bolognese(P.K) lamb tagine(G.F) Pannini BBQ Chicken Pannini Cheese and Tomato Pannini Ham and Cheese Pannini Tuna Melt pizza chicken pizza ham pizza margherita pizza pepperoni veg nuggets (v)
50/50 rice Cooked Vitamin Pasta (pk) potato wedges Vegetable Soup	Cooked Vitamin Pasta (pk) Mashed potato Vegetable Soup	Cooked Vitamin Pasta (pk) New Potatoes Vegetable Soup	50/50 rice Boiled New Potatoes Cooked Vitamin Pasta (pk) Vegetable Soup	chips Cooked Vitamin Pasta (pk) Vegetable Soup
baked beans Baked Potato Pea & Sweetcorn Medley Salad Bar	baked beans Baked Potato Cabbage Carrots Salad Bar	baked beans Baked Potato mashed swede and carrot Salad Bar sprouts	baked beans Baked Potato Green Salad with rocket Green Beans Salad Bar sweetcorn	baked beans Baked Potato mushy peas Salad Bar
fresh fruit Apple Banana cherry bake(T.B) Fruit yoghurt Ice Cream Oranges pear	fresh fruit Apple Banana chocolate crackle(T.B) Chocolate Crunch Fruit yoghurt Oranges pear pink custard	fresh fruit Apple angel whip Banana chocolate orange crisp(T.B) Fruit yoghurt Oranges pear	fresh fruit Apple Apricot Flapjack(T.B) Banana custard Fruit yoghurt Iced cornflake special Oranges pear	fresh fruit Apple Banana Chocolate Crunch(T.B) Fruit yoghurt Oranges pear Cookie
banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(orange)	banana milk shake bottled water milk(choc) orange juice(200ml) semi skimmed milk strawberry milk shakes suso(berry) suso(lemon) suso(oran)
Sandwich bread Garlic Bread	Sandwich bread	Sandwich bread	Sandwich bread naan bread	Sandwich bread
(P.K) PASTA KING (V) VEGETARIAN (G.F) GLUTEN FREE (T.B) TRAY BAKE OF THE DAY				